

**Ateneo de Zamboanga University**  
**SCHOOL OF EDUCATION**  
**BACHELOR OF PHYSICAL EDUCATION (BPed)**

**FIRST YEAR**

**First Semester**

FG	Course Code	Course Title	Units
	<b>PED 1</b>	Child and Adolescent Learners & Learning Principles	3
	<b>MATMOD</b>	Mathematics in the Modern World	3
	<b>UNDESELF</b>	Understanding the Self	3
	<b>SPIECO</b>	Spirituality & Ecology in the Christian, Ignatian & Islamic Traditions	3
	<b>PHIHIS</b>	Readings in Philippine History	3
	<b>FFP-NSTP1</b>	Freshmen Formation Program/NSTP 1	4.5
	<b>PATHFIT 1</b>	Movement Enhancement	2
		<b>Total</b>	<b>21.5</b>

**Second Semester**

FG	Course Code	Course Title	Units
	<b>PED 2</b>	Foundations of Special & Inclusive Education	3
	<b>PED 3</b>	Facilitating Learner-centered Teaching	3
	<b>PURCOM</b>	Purposive Communication	3
	<b>PHIHUM</b>	Philosophy of the Human Person: Social & Political Dimensions	3
	<b>VOCMIS</b>	Vocation & Mission in the Christian, Ignatian & Islamic Traditions	3
	<b>RIZAL</b>	Life and Works of Rizal	3
	<b>FFP-NSTP2</b>	Freshmen Formation Program/NSTP2	4.5
	<b>PATHFIT2</b>	Fitness Exercise	2
		<b>Total</b>	<b>24.5</b>

**SUMMER**

FG	Course Code	Course Title	Units
	<b>GE ELECT-KF</b>	Kontekswalisadong Komunikasyon sa Filipino	3
	<b>GE ELECT-LM</b>	Literatures of Mindanao	3

**SECOND YEAR**

**First Semester**

FG	Course Code	Course Title	Units
	<b>PED 4</b>	Technology for Teaching & Learning 1	3
	<b>PED 5</b>	Building & Enhancing Literacy Skills Across the Curriculum	3
	<b>BPed 1</b>	Philosophical & Socio-Anthro Foundations of PE & Sports	3
	<b>BPed 2</b>	Anatomy & Physiology of Human Movement	3
	<b>BPed 3</b>	Physiology of Exercise & Physical Activity	3
	<b>BPed 4</b>	Principles of Motor Control & Learning of Exercise, Sports & Dance	3
	<b>ETHICS</b>	Ethics	3
	<b>CONWOR</b>	Contemporary World	3
	<b>PATHFIT 3</b>	Dance/Sports/Rec & Games I	2
		<b>Total</b>	<b>26</b>

**Second Semester**

FG	Course Code	Course Title	Units
	<b>PED 6</b>	Assessment of Learning 1	3
	<b>BPed 5</b>	Applied Motor Control & Learning of Exercise, Sports and Dance	3
	<b>BPed 6</b>	Individual, Dual & Team Sports	3
	<b>BPed 7</b>	Movement Education	3
	<b>BPed 8</b>	Philippine Traditional Dances	3
	<b>BPed 9</b>	Swimming and Aquatics	3
	<b>ARTAPP</b>	Art Appreciation	3
	<b>SCITECS</b>	Science, Technology & Society	3
	<b>PATHFIT 4</b>	Dance/Sports/Rec & Games II	2
		<b>Total</b>	<b>26</b>

**SUMMER**

FG	Course Code	Course Title	Units
	<b>BPED 10</b>	Emergency Preparedness & Safety Management	3
	<b>BPED 11</b>	International Dance & Other Dance Forms	3
	<b>BPed Elec1</b>	Elective/Cognate	3

**THIRD YEAR**

**First Semester**

FG	Course Code	Course Title	Units
	<b>PED 7</b>	Assessment of Learning 2	3
	<b>PED 8</b>	The Teaching Profession	3
	<b>BPed 12</b>	Philippine Traditional Games	3
	<b>BPed 13</b>	Coordinated School Health Program	3
	<b>BPED 14</b>	Personal, Community & Environmental Health	3
	<b>BPED 15</b>	Process of Teaching Physical and Health Education	3
	<b>BPed 16</b>	Intro to Research in Physical Educ.	3
		<b>Total</b>	<b>21</b>

**Second Semester**

FG	Course Code	Course Title	Units
	<b>PED 9</b>	The Teacher & School Curriculum	3
	<b>PED 10</b>	The Teacher & Community, School Culture & Organizational Leadership	3
	<b>BPed 17</b>	Curriculum & Assessment for PE&H	3
	<b>BPed 18</b>	Team Sports	3
	<b>BPed 19</b>	Sports & Exercise Psychology	3
	<b>BPed 20</b>	Drug Education, Consumer Health Educ. & Healthy Eating	3
	<b>BPed 21</b>	Research in Physical Education	3
		<b>Total</b>	<b>21</b>

**SUMMER**

FG	Course Cope	Course Title	Units
	<b>BPed 22</b>	Technology Application in Teaching Physical and Health Education	3
	<b>BPed Elec2</b>	Elective/Cognate	3

**FOURTH YEAR**

**First Semester**

FG	Course Code	Course Title	Units
	<b>PED 11</b>	Field Study 1: Observation of Teaching & Learning in Actual School Environment	3
	<b>PED 12</b>	Field Study 2: Participation & Teaching Assistantship	3

**Second Semester**

FG	Course Code	Course Title	Units
	<b>PED 13</b>	Teaching Internship	6