

Ateneo de Zamboanga University
SCHOOL OF EDUCATION
BACHELOR OF PHYSICAL EDUCATION (BPed)

FIRST YEAR

First Semester

FG	Course Code	Course Title	Units
	PED 1	Child and Adolescent Learners & Learning Principles	3
	MATMOD	Mathematics in the Modern World	3
	UNDESELF	Understanding the Self	3
	SPIECO	Spirituality & Ecology in the Christian, Ignatian & Islamic Traditions	3
	PHIHIS	Readings in Philippine History	3
	FFP-NSTP1	Freshmen Formation Program/NSTP 1	4.5
	PATHFIT 1	Movement Enhancement	2
		Total	21.5

Second Semester

FG	Course Code	Course Title	Units
	PED 2	Foundations of Special & Inclusive Education	3
	PED 3	Facilitating Learner-centered Teaching	3
	PURCOM	Purposive Communication	3
	PHIHUM	Philosophy of the Human Person: Social & Political Dimensions	3
	VOCMIS	Vocation & Mission in the Christian, Ignatian & Islamic Traditions	3
	RIZAL	Life and Works of Rizal	3
	FFP-NSTP2	Freshmen Formation Program/NSTP2	4.5
	PATHFIT2	Fitness Exercise	2
		Total	24.5

SUMMER

FG	Course Code	Course Title	Units
	GE ELECT-KF	Kontekswalisadong Komunikasyon sa Filipino	3
	GE ELECT-LM	Literatures of Mindanao	3

SECOND YEAR

First Semester

FG	Course Code	Course Title	Units
	PED 4	Technology for Teaching & Learning 1	3
	PED 5	Building & Enhancing Literacy Skills Across the Curriculum	3
	BPed 1	Philosophical & Socio-Anthro Foundations of PE & Sports	3
	BPed 2	Anatomy & Physiology of Human Movement	3
	BPed 3	Physiology of Exercise & Physical Activity	3
	BPed 4	Principles of Motor Control & Learning of Exercise, Sports & Dance	3
	ETHICS	Ethics	3
	CONWOR	Contemporary World	3
	PATHFIT 3	Dance/Sports/Rec & Games I	2
		Total	26

Second Semester

FG	Course Code	Course Title	Units
	PED 6	Assessment of Learning 1	3
	BPed 5	Applied Motor Control & Learning of Exercise, Sports and Dance	3
	BPed 6	Individual, Dual & Team Sports	3
	BPed 7	Movement Education	3
	BPed 8	Philippine Traditional Dances	3
	BPed 9	Swimming and Aquatics	3
	ARTAPP	Art Appreciation	3
	SCITECS	Science, Technology & Society	3
	PATHFIT 4	Dance/Sports/Rec & Games II	2
		Total	26

SUMMER

FG	Course Code	Course Title	Units
	BPED 10	Emergency Preparedness & Safety Management	3
	BPED 11	International Dance & Other Dance Forms	3
	BPed Elec1	Elective/Cognate	3

THIRD YEAR

First Semester

FG	Course Code	Course Title	Units
	PED 7	Assessment of Learning 2	3
	PED 8	The Teaching Profession	3
	BPed 12	Philippine Traditional Games	3
	BPed 13	Coordinated School Health Program	3
	BPED 14	Personal, Community & Environmental Health	3
	BPED 15	Process of Teaching Physical and Health Education	3
	BPed 16	Intro to Research in Physical Educ.	3
		Total	21

Second Semester

FG	Course Code	Course Title	Units
	PED 9	The Teacher & School Curriculum	3
	PED 10	The Teacher & Community, School Culture & Organizational Leadership	3
	BPed 17	Curriculum & Assessment for PE&H	3
	BPed 18	Team Sports	3
	BPed 19	Sports & Exercise Psychology	3
	BPed 20	Drug Education, Consumer Health Educ. & Healthy Eating	3
	BPed 21	Research in Physical Education	3
		Total	21

SUMMER

FG	Course Code	Course Title	Units
	BPed 22	Technology Application in Teaching Physical and Health Education	3
	BPed Elec2	Elective/Cognate	3

FOURTH YEAR

First Semester

FG	Course Code	Course Title	Units
	PED 11	Field Study 1: Observation of Teaching & Learning in Actual School Environment	3
	PED 12	Field Study 2: Participation & Teaching Assistantship	3

Second Semester

FG	Course Code	Course Title	Units
	PED 13	Teaching Internship	6